

Are you 20-35 years old? Interested in research about prevention of weight gain?

You may be eligible if:

You have a BMI of 25-30 or
a BMI of 24-27 if you are South-Asian

+ Any of the following apply:

- Weight gain in last 12 months
- Not much exercise
- Less than 2 portions of fruit/veg per day
- Regular sugary drinks



What's involved?

- 4 study visits over 12 months
- Taking a daily food supplement

What is the research about?

Our study aims to find out if weight gain can be prevented by taking a daily food supplement called 'Inulin Propionate Ester'

Location

Imperial Clinical Research Facility
Hammermsith Hospital, London, W12 0HS



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Payment & Expenses

Payment for your time:
£50 per study visit

£200₊ total

Travel expenses

**If you are interested, please call/text 07951686783 or
email imperial.iprevent@nhs.net**